

Media Release
(For immediate Release)

Edmonton, AB (July 5, 2015)

Presented by:



GROUNDING --- TRAUMA

HEALING TRAUMA: An Inter-generational Perspective
Featuring Dr. Gabor Maté and Daniel Maté

October 4 & 5, 2016
The Ramada Inn and Conference Centre
Edmonton, AB

Media wishing to interview the presenters, or conference organizers should contact [CAST Canada](#), in Warkworth, ON at (705)749-6145, or email [Tom Regehr](#).

The information presented, at this conference, will be important to all professionals and individuals supporting others where trauma is a factor.

This includes but is not limited to, Social workers, Emergency service technicians, physicians, nursing, paramedical EMS workers and other health care staff, Addictions counselors, Military resource supports, Shelter and housing support teams, Peer outreach organizations, Community support workers, Youth and family workers, Disability and rehabilitation workers, Immigration Settlement workers, Aboriginal and Metis counselors, Gerontologists and those who work with seniors, Teachers and educational assistant teams, Policing, probation and parole officers and anyone wanting to better understand how to: help heal, support and engage someone who is stuck and suffering.

TOPICS TO BE COVERED:

- Understanding what trauma is and isn't: trauma is not the difficult life events, but the disconnect from self and others those events trigger
- Trauma as a "fault-free zone"
- How trauma manifests in families across generations, and how it is experienced in the life of the individual
- How parents and children can use this understanding to heal themselves and transform their relationships
- How to support individuals for whom there may not be a "willing partner" for healing a relationship
- How to recognize our own traumas as they show up in interaction with our clients, and how to use that recognition to support healing in them and in ourselves

PARTICIPANTS AT THE CONFERENCE WILL:

- Gather new skills, new levels of understanding
- Feel nurtured, refreshed and energized
- Spend time with like-minded people, make new connection
- Become more comfortable and effective in your work

Included will be lecture-style teaching, personal anecdotes, dyadic interaction, individual coaching, and group discussion, for an immerse and trans-formative learning experience. Participants can expect to emerge with a new and expanded view of themselves and what's possible in their work, and a more spacious understanding of trans-generational family dynamics.

THE PRESENTERS:

[Dr. Gabor Maté](#) is a world renowned, very popular thinker, writer and speaker. He is by far the most sought after voice on addictions and mental health in Canada. He worked for years as the lead physician in Vancouver safe injection site and has since done much research and writing.

[Daniel Maté](#) is an award winning composer and educator. As Gabor's son they are going to talk about trauma in their home, how it is manifested and how they worked it out - and continue to solve issues between them.

HOSTS & ORGANIZERS:

[Tom Regehr](#) Formerly homeless addict, now trauma and addiction educator.

[Becca Partington](#) Worked, in a small community, as a front line supporting people, with acquired brain injury.

REREGISTRATION INFORMATION:

The cost to [register](#) for **Grounding Trauma** is \$460 per person. Registrants can save \$70, by registering before September 2,2016 and pay only \$390. Student registration is \$345.

[Please Register Here](#)

[MORE INFORMATION](#) about the **Grounding Trauma** conference.

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